

Åpen NM
sprint og mellomdistanse
2009
Resultater dag 3

4-spenn sprint 8km

Startnr:	Start tid	Plass	NM	Navn	Klubb	mel.tid 1	Tid dag 1	Tid dag 2	Tid dag 3	Tot.tid	Tid etter
1	10:00	1	1	Lena Boysen Hillestad	Holmenkollen HK	00:06:36	00:15:04	00:14:50	00:15:17	00:45:11	
2	10:02	2	2	Anders Søreide	Molde & Omegn HKL	00:06:44	00:15:38	00:15:18	00:15:41	00:46:37	00:01:26
3	10:04	3	3	Kristoffer Grøtan Olsen	Oslomarka THK	00:07:01	00:15:56	00:15:36	00:16:15	00:47:47	00:02:36
4	10:06	4	4	Mona Arnegård Moen	Lillehammer BHK	00:07:11	00:16:26	00:16:14	00:16:59	00:49:39	00:04:28
5	10:08	5	5	Atle Ruud	Hamar THK	00:07:24	00:17:00	00:16:30	00:17:11	00:50:41	00:05:30
7	10:12	6	6	Andreas Fossnes	Bærum HK	00:07:30	00:16:18	00:18:25	00:17:05	00:51:48	00:06:37
6	10:10	7	7	Jos Broers	Hamar THK	00:07:47	00:18:06	00:16:32	00:18:01	00:52:39	00:07:28
8	10:14	8	8	Thorvild Dahlen	Bærum HK	00:07:41	00:18:02	00:17:10	00:18:00	00:53:12	00:08:01
9	10:16	9	9	Terje Fugleberg	Asker THK	00:07:44	00:18:26	00:18:01	00:18:05	00:54:32	00:09:21
10	10:18	dis		Venke de Lange	Drammen THK	00:07:03	00:15:46	00:26:25	00:16:02	00:58:13	00:13:02
11	10:20			Krisztian Roland Kiss	Nordreisa HKL		NAS				

4-spenn sprint 8km, Junior

Startnr:	Start tid	Plass	NM	Navn	Klubb	mel.tid 1	Tid dag 1	Tid dag 2	Tid dag 3	Tot.tid	Tid etter
12	10:22	1		Emilie Barca	Oslomarka THK	00:08:41	00:20:05	00:19:36	00:20:42	01:09:04	

6-spenn sprint 12km

Startnr:	Start tid	Plass	NM	Navn	Klubb	mel.tid 1	Tid dag 1	Tid dag 2	Tid dag 3	Tot.tid	Tid etter
13	10:28	1	1	Hege Ingebrigtsen	Narvik HK	00:13:45	00:21:49	00:21:26	00:22:36	01:05:51	
15	10:32	2	2	Ole Petter Engli	Hamar THK	00:13:34	00:22:27	00:21:37	00:22:29	01:06:33	00:00:42
14	10:30	3	3	Trine Olsen	Narvik HK	00:13:41	00:22:20	00:21:37	00:22:45	01:06:42	00:00:51
17	10:36	4	4	Gro Teslo	Hamar THK	00:14:24	00:23:55	00:23:25	00:23:42	01:11:02	00:05:11
16	10:34	5		Marikka Thulin Kjellin	Sverige	00:14:33	00:23:48	00:23:28	00:24:22	01:11:38	00:05:47
18	10:38	6	5	Bjørnar Nikolaisen	Kristiansund HSK	00:14:22	00:24:12	00:23:39	00:24:02	01:11:53	00:06:02
19	10:40	7	6	Steinar Rye Stange	Molde og Omegn HKL	00:14:47	00:24:21	00:23:38	00:24:24	01:12:23	00:06:32
20	10:42	8		Petra Wadlund Lindh	Kiruna SHK, Sverige	00:14:32	00:27:16	00:23:23	00:24:13	01:14:52	00:09:01
21	10:44	9		Helen Westergren	Ryssjø SHK, Sverige	00:16:10	00:25:57	00:25:28	00:26:45	01:18:10	00:12:19
22	10:46	10	7	Viggo Jørgensen	Hamar THK	00:17:56	00:28:51	00:30:49	00:31:12	01:30:52	00:25:01
24	10:50	11	8	Line Løw	Oslomarka THK	00:19:42	00:32:32	00:30:17	00:32:30	01:35:19	00:29:28
23	10:48	12	9	Svein Erik Teslo	Østre Mjøsen THK	00:19:48	00:30:55	00:31:36	00:33:03	01:35:34	00:29:43

Åpen NM
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Resultater dag 3

Åpen sprint US 21km

Startnr:	Start tid	Plass	NM	Navn	Klubb	mel.tid 1	Tid dag 1	Tid dag 2	Tid dag 3	Tot.tid	Tid etter
25	11:04	1	1	Kjetil Hillestad	Notodden TBK	00:14:29	00:42:04	00:40:47	00:42:32	02:05:23	
28	11:10	2	2	Knut Stavik	Molde & Omegn HKL	00:14:10	00:41:55	00:43:31	00:41:57	02:07:23	00:02:00
26	11:06	3		Maria Lindqvist	Jämtlandsfjällen, Sverige	00:14:15	00:43:36	00:40:57	00:43:26	02:07:59	00:02:36
27	11:08	4	3	Terje Svendsrud	Drammen THK	00:14:53	00:42:42	00:42:08	00:43:27	02:08:17	00:02:54
29	11:12	5	4	Tom Gerry Helstrand	Hamar THK	00:15:38	00:44:39	00:43:13	00:45:50	02:13:42	00:08:19
31	11:16	6	5	Alf Petter Pedersen	Jarlsberg THK	00:15:58	00:46:27	00:44:53	00:45:56	02:17:16	00:11:53
30	11:14	7	6	Bjørn Haugbjørg	Osen THK	00:18:13	00:45:34	00:45:06	00:48:56	02:19:36	00:14:13
33	11:20	8	7	Arne Haugen	Lillehammer BHK	00:15:50	00:46:52	00:47:15	00:46:24	02:20:31	00:15:08
32	11:18	9	8	Kjetil Haukland	Hamar THK	00:16:09	00:46:51	00:46:11	00:49:18	02:22:20	00:16:57
35	11:24	10	9	Ulrich Brand	Hamar THK	00:18:19	00:52:18	00:51:59	00:54:00	02:38:17	00:32:54
34	11:22	11	10	Øystein Kristiansen	Hamar THK	00:18:41	00:50:41	00:53:01	01:04:45	02:48:27	00:43:04
36	11:26			Dan Ditlefsen	Femundløpets venner		01:06:13	NAS			
37	11:28			Michael Labove	Tyskland		NAS				

4-spenn MD 21km

Startnr:	Start tid	Plass	NM	Navn	Klubb	mel.tid 1	Tid dag 1	Tid dag 2	Tid dag 3	Tot.tid	Tid etter
38	11:34	1	1	Kåre Fjeldstad	Trysil HK	00:18:12	00:51:30	00:50:21	00:53:04	02:34:55	
39	11:36	2	2	Jørn Storbraaten	Norsk THK	00:18:08	00:53:59	00:52:09	00:56:33	02:42:41	00:07:46
40	11:38	3	3	Vidar Johansen	Trysil HK	00:20:23	00:59:18	01:00:14	01:01:42	03:01:14	00:26:19
41	11:40	4	4	Tora M. Olsvold	Bærum HK	00:20:41	01:01:23	01:05:15	01:04:12	03:10:50	00:35:55
43	11:42	5	5	Janne Rosenlind	Bærum HK	00:27:24	01:22:05	01:18:14	01:19:43	04:00:02	01:25:07
42	11:42			Barry Siragusa	USA		01:14:48	01:10:33	NAS		

4-spenn MD 21km, Junior

Startnr:	Start tid	Plass	NM	Navn	Klubb	mel.tid 1	Tid dag 1	Tid dag 2	Tid dag 3	Tot.tid	Tid etter
44	11:46	1		Maren Lindahl	Bærum HK	00:23:18	01:10:30	01:05:12	01:10:10	03:25:52	

Hamar THK

Åpen NM
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Resultater dag 3

Søndag 01.03.09

6-spenn LMD 40km

Startnr:	Start tid	Plass	NM	Navn	Klubb	mel.tid 1	Tid dag 1	Tid dag 2	Tid dag 3	Tot.tid	Tid etter
47	12:04	1	1	Bjørn Lyng Pedersen	Osломarka THK	00:08:34	01:45:18	01:46:35	01:47:11	05:19:04	
46	12:02	2	2	Terje Mathiesen	Hakadal	00:08:28	01:42:06	01:49:40	01:49:44	05:21:30	00:02:26
45	12:00	3	3	Lena Haugen	Hamar THK	00:09:01	01:43:07	01:47:13	01:54:55	05:25:15	00:06:11
50	12:10	4	4	Kim Frode Ophus Nordsveen	Hamar THK	00:11:19	02:08:47	02:09:45	02:31:30	06:50:02	01:30:58
48	12:06			Amanda Wiberg	Bærum HK		01:53:59	01:53:43	NAF		
49	12:08			Dag Svendsberget	Osen THK	00:10:00	01:56:55	02:06:22	NAF		